

ACE



Adult Focused



Item Count: 10 items



Completion Time: 5 min



Self-Report

General Info

The ACE questionnaire assesses early exposure to negative experiences that occur prior to the age of 18. It can be used to determine aspects of adversity that impacts one in present day.

The descriptive classifications are provided as a guideline. These results are not clinical diagnoses. Please see the provided resources for more information about the measure development.

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Adverse Childhood Experiences


Item scores are calculated using the following response guide. A total score is created by adding each individual participant response score. Each participant response of "Yes" is equal to 1 ACE.

The ACE questionnaire does not have descriptive classifications for scores, however typically a score of 4 or more ACEs can indicate health problems, substance use concerns, and difficulty in social relationships.

Adverse Childhood Experiences

What are Adverse Childhood Experiences (ACEs)?

Adverse Childhood Experiences (ACEs) are stressful or traumatic events in a young person's life that can have an impact on their future health and wellbeing. ACEs are strongly related to the development and prevalence of a wide range of health problems throughout a person's lifespan, including those associated with substance use problems.



ACEs include...

• Physical abuse	• Emotional neglect	• Parental substance use
• Sexual abuse	• Parental separation or divorce	• Parental incarceration
• Emotional abuse	• Maternal domestic abuse	• Parent with mental health issue

For More Information

• <https://www.cdc.gov/aces/about/index.html>

[https://www.who.int/publications/m/item/adverse-childhood-experiences-international-questionnaire-\(ace-iq\)](https://www.who.int/publications/m/item/adverse-childhood-experiences-international-questionnaire-(ace-iq))