

AUDIT



Adult Focused



Item Count: 10 items



Completion Time: 2 min



Self-Report

General Info

The AUDIT assesses alcohol intake, possible dependence, and experiences of alcohol-use related harm.

The descriptive classifications are provided as a guideline. These results are not clinical diagnoses. Please see the provided resources for more information about the measure development.

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Alcohol Use Disorders Identification Test

Scores for this measure are created by adding each participant response to create a total score below.

Possible responses to each question are scored 0, 1, 2, 3 or 4, with the exception of questions 9 and 10 which have possible responses of 0, 2 and 4.

Description	Score
Non-Clinical	0
Low Risk	1-7
Moderate Risk	8-14
Severe Risk	15+

NOTE: Some newer research suggests that the cut off score for a severe risk may be lower than 15 for women participants.

For More Information

- Saunders JB, Aasland OG, Babor TF, de la Fuente JR and Grant M.. Development of the Alcohol Use Disorders Identification Test (AUDIT): WHO Collaborative Project on Early Detection of Persons with Harmful Alcohol Consumption II. *Addiction* 1993; 88:791-804.

<https://auditscreen.org/>

