

CUDIT



Adult Focused



Item Count: 8 items



Completion Time: 2 min



Self-Report

General Info

The CUDIT is a screening tool designed to identify patterns of problematic cannabis use. It helps assess the frequency, intensity, and potential negative consequences of cannabis use.

The descriptive classifications are provided as a guideline. These results are not clinical diagnoses. Please see the provided resources for more information about the measure development.

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Cannabis Use Disorders Identification Test

Scores for this measure are created by adding each participant response to create a total score below.

Possible responses to each question are scored 0, 1, 2, 3 or 4, with the exception of question 8, which has possible responses of 0, 2 and 4.

Description	Score
Non-Clinical	0
Low Risk	1-7
Moderate Risk	8-11
Severe Risk	12+

NOTE: Some newer research suggests that the cut off score for a severe risk may be lower than 12 for women participants.

For More Information

- Adamson SJ, Kay-Lambkin FJ, Baker AL, Lewin TJ, Thornton L, Kelly BJ, and Sellman JD. (2010). An Improved Brief Measure of Cannabis Misuse: The Cannabis Use Disorders Identification Test - Revised (CUDIT-R). *Drug and Alcohol Dependence* 110:137-143.