

DMQ-R



Adult Focused



Item Count: 20 items



Completion Time: 10 min



Self-Report

General Info

The DMQ-R assesses individuals' motivations for consuming alcohol. The questionnaire categorizes drinking motives into four primary dimensions.

The descriptive classifications are provided as a guideline. These results are not clinical diagnoses. Please see the provided resources for more information about the measure development.

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Drinking Motives Questionnaire-Revised

Scores on this measure are created by adding each participant response for each subscale below. Participant responses are rated:

- 1 Almost Never/ Never
- 2 Some of the time
- 3 Half of the time
- 4 Most of the time
- 5 Almost always/ Always

Social Subscale: *Using alcohol to get along with peers and celebrate*

Coping Subscale: *Using alcohol to regulate or avoid negative emotions*

Enhancement Subscale: *Using alcohol to have fun or feel better*

Conformity Subscale: *Using alcohol to fit in and because others do*

Subscale	Items
Social	3, 5, 11, 14, 16
Coping	1, 4, 6, 15, 17
Enhancement	7, 9, 10, 13, 18
Conformity	2, 8, 12, 19, 20

Higher scores on these subscales (by totalling each of the items above) mean that the subscale may be a motive for increased alcohol use.

For More Information

- Cooper, M. L. (1994). Motivations for Alcohol Use Among Adolescents: Development and Validation of a Four-Factor Model. *Psychological Assessment*, 6(2), 117-128.