

DUDIT



Adult Focused



Item Count: 11 items



Completion Time: 3 min



Self-Report

General Info

The DUDIT is a screening tool designed to identify patterns of problematic substance use. It helps assess the frequency, intensity, and potential negative consequences of substance use.

The descriptive classifications are provided as a guideline. These results are not clinical diagnoses. Please see the provided resources for more information about the measure development.

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Drug Use Disorders Identification Test

Scores for this measure are created by adding each participant response to create a total score below.

Possible responses to each question are scored 0, 1, 2, 3 or 4, with the exception of question 10 and 11, which both have possible responses of 0, 2 and 4.

Score Description		Score
Non-Clinical		0-1
Moderate Risk	Women	2+
	Men	6+
Severe Risk		25+

For More Information

- Berman, A. H., Bergman, H., Palmstierna, T., & Schlyter, F. (2003). Drug use disorders identification test. *European Addiction Research*. <https://doi.org/10.1037/t02890-000>