

HAM-A



Adult Focused



Item Count: 14 items



Completion Time: 8 min



Self-Report

General Info

The HAM-A assesses the presence and severity of anxiety symptoms. This is a screening measure that asks individuals to describe these concerns in the past 2 weeks.

The descriptive classifications are provided as a guideline. These results are not clinical diagnoses. Please see the provided resources for more information about the measure development.

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Hamilton Anxiety Rating Scale

Item scores are calculated using the following response guide. A total score is created by adding each individual participant response score.

- | | |
|---|-------------|
| 0 | Not present |
| 1 | Mild |
| 2 | Moderate |
| 3 | Severe |

Total scores are calculated from summing scores from each item. These total scores can indicate depressive symptom severity.

Description	Score
None to mild severity	0-17
Mild to moderate severity	18-24
Moderate to severe	25-30

For More Information

- Maier, W., Buller, R., Philipp, M., & Heuser, I. (1988). The Hamilton Anxiety Scale: reliability, validity and sensitivity to change in anxiety and depressive disorders. *Journal of Affective Disorders*, 14(1), 61-68.