HDRS



Adult Focused



Item Count:

17 items



Completion Time: 10 min



Self-Report

General Info

The HDRS assesses the presence and severity of depressive symptoms. This is a screening measure that asks individuals to describe these concerns in the past week.

The descriptive classifications are provided are a guideline. These results are not clinical diagnoses. Please see the provided resources for more information about the measure development.

Permission for Use

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Hamilton Depression Rating Scale

Item scores are calculated using the following response guide. A total score is created by adding each individual participant response score.

- O Absent
- 1 Mild
- 2 Moderate
- **3** Severe
- 4 Incapacitating

Total scores are calculated from summing scores from each item. These total scores can indicate depressive symptom severity.

Description	Score
None to minimal concerns	0-7
Mild concerns	8–19
Moderate concerns	20+

Question 2 asks about suicide risk.

A participant who endorses this question may require further assessment for suicide risk by an individual who is competent to do so.

For More Information

Hamilton M. Development of a rating scale for primary depressive illness. Br J Soc Clin Psychol 1967;
6(4):278-96.

Williams JB. A structured interview guide for the Hamilton Depression Rating Scale. Arch Gen Psychiatry 1988; 45(8):742-7.

