

PHQ-9A



Youth Focused



Item Count: 9 items



Completion Time: 2 min



Self-Report

General Info

The PHQ-9A assesses the presence and severity of depressive symptoms.

This is a screening measure that asks individuals to describe these concerns in the past 2 weeks.

The descriptive classifications are provided as a guideline. These results are not clinical diagnoses. Please see the provided resources for more information about the measure development.

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Patient Health Questionnaire- 9

Item scores are calculated using the following response guide. A total score is created by adding each individual participant response score.

- | | |
|---|-------------------------|
| 0 | Not at all |
| 1 | Several days |
| 2 | More than half the days |
| 3 | Nearly every day |

Total scores are calculated from summing scores from each item. These total scores can indicate depressive symptom severity.

Description	Score
None to minimal concerns	0-4
Mild concerns	5-9
Moderate concerns	10-14
Moderately severe concerns	15-19
Severe concerns	20-17

Question 9 on the PHQ-9A asks about suicide risk.

A participant who endorses this question may require further assessment for suicide risk by an individual who is competent to do so.

For More Information

- Johnson, J. G., Harris, E. S., Spitzer, R. L., & Williams, J. B. (2002). The patient health questionnaire for adolescents: validation of an instrument for the assessment of mental disorders among adolescent primary care patients. *Journal of Adolescent Health, 30*(3), 196-204.