

R-CADS-25



Youth Focused



Item Count: 25 items



Completion Time: 15 min



Self-Report

General Info

The RCADS-25 assesses the presence and severity of anxiety symptoms. There is a parent form available as well on their website, in addition to a longer 42, item version.

The descriptive classifications are provided are a guideline. These results are not clinical diagnoses. Please see the provided resources for more information about the measure development.

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Revised Child Anxiety and Depression Scale

Item scores are calculated using the following response guide. A total score is created by adding each individual participant response score.

- | | |
|----------|-----------|
| 0 | Never |
| 1 | Sometimes |
| 2 | Often |
| 3 | Always |

Each of the subscales can be created by summing participant scores from the specific items listed below.

Subscale	Items
Total Depression	1, 4, 8, 10, 13, 15, 16, 19, 21, 24
Total Anxiety	2, 3, 5, 6, 7, 9, 11, 12, 14, 17, 18, 20, 22, 23, 25

These "raw" scores must then be compared to scores from other children of a similar age to create a "T-Score."

More information for scoring can be found at:

<https://rcads.ucla.edu/manualscoring>

For More Information

- Chorpita, B. F., Moffitt, C., & Gray, J. (2005). Psychometric properties of the Revised Child Anxiety and Depression Scale in a clinical sample. *Behaviour Research and Therapy*, 43, 309-322.

<https://rcads.ucla.edu/>

