

# SCARED



**Youth Focused**



**Item Count:** 41 items



**Completion Time:** 25 min



**Self-Report**

## General Info

The SCARED assesses the presence and severity of anxiety symptoms. This is a screening measure that asks individuals to describe these concerns in the past 3 months.

The descriptive classifications are provided as a guideline. These results are not clinical diagnoses. Please see the provided resources for more information about the measure development.

## Permission for Use

We do not own the copywrite properties of this measure and cannot grant permission for its use.

## Screen for Child Anxiety Related Disorders

Item scores are calculated using the following response guide. A total score is created by adding each individual participant response score.

- |          |                                 |
|----------|---------------------------------|
| <b>0</b> | Not true or hardly true         |
| <b>1</b> | Somewhat true or sometimes true |
| <b>2</b> | Very true or often true         |

**A total score greater or equal to 25 may indicate the presence of anxiety-related concerns that require further treatment.**

Each of the 5 subscales can be created by summing participant scores from the specific items listed below. If that score is higher than the cut off score, the individual may have specific concerns in that subscale domain.

Subscale	Items	Cut off Score
Panic or Somatic Symptoms	1, 6, 9, 12, 15, 18, 19, 22, 24, 27	7
Generalized Anxiety	5, 7, 14, 21, 23, 28, 33, 35, 37	9
Separation Anxiety	4, 8, 13, 16, 20, 25, 29, 31	5
Social Anxiety	3, 10, 26, 32, 39, 40, 41	8
School Avoidance	2, 11, 17, 36	3

## For More Information

- Birmaher, B., Khetarpal, S., Brent, D., Cully, M., Balach, L., Kaufman, J., & Neer, S. M. (1997). The screen for child anxiety related emotional disorders (SCARED): Scale construction and psychometric characteristics. *Journal of the American Academy of Child & Adolescent Psychiatry*, 36(4), 545-553.