

SURPS



Adult Focused



Item Count: 23 items



Completion Time: 12 min



Self-Report

General Info

The SURPS is used to identify personality-based vulnerabilities for substance use. It has four subscales which describe specific components of personality associated with risky substance use.

The descriptive classifications are provided as a guideline. These results are not clinical diagnoses. Please see the provided resources for more information about the measure development.

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Substance Use Risk Profile

Scores on this measure are created by adding each participant response for each subscale below. Participant responses are rated:

- 1 Strongly Disagree
- 2 Somewhat Disagree
- 3 Somewhat Agree
- 4 Strongly Agree

Hopelessness Subscale: Tendency toward negative thinking and despair

Anxiety Sensitivity Subscale: Fear of physical sensations of anxiety

Impulsivity Subscale: Acting without thought or considering consequences

Sensation Seeking Subscale: Desire for novel, exciting or risky experiences

Subscale	Items
Hopelessness	1, 4, 7, 13, 17, 20, 23
Anxiety Sensitivity	8, 10, 14, 18, 21
Impulsivity	2, 5, 11, 15, 22
Sensation Seeking	3, 6, 9, 12, 16, 19

Higher scores on a subscale (by totalling each of the items above) may mean that this subscale may be a motive for increased alcohol use.

For More Information

- Woicik, P. A., Stewart, S. H., Pihl, R. O., & Conrod, P. J. (2009). The substance use risk profile scale: a scale measuring traits linked to reinforcement-specific substance use profiles. *Addictive Behaviors*, 34(12), 1042-1055.