

WAI



Adult Focused



Item Count: 36 items



Completion Time: 20 min



Self-Report

General Info

The WMI assesses the therapeutic bond, as rated by an individual receiving counselling services. It describes statements about how an individual may feel about their therapist.

The descriptive classifications are provided as a guideline. These results are not clinical diagnoses. Please see the provided resources for more information about the measure development.

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Working Alliance Inventory

Item scores are calculated using the following response guide. A total score is created by adding each individual participant response score.

Negatively scored items need to have their responses reversed so that:

1	Never	7	Never
2	Rarely	6	Rarely
3	Occasionally	5	Occasionally
4	Sometimes	4	Sometimes
5	Often	3	Often
6	Very Often	2	Very Often
7	Always	1	Always

Each of the subscales can be created by summing participant scores from the specific items listed below.

Subscale	Items	
	Positive Scored (+)	Negatively Scored (-)
Tasks	2, 4, 13, 16, 18, 24, 35	7, 11, 15, 31, 33,
Bond	5, 8, 17, 19, 21, 23, 26, 28, 36	1, 20, 29
Goals	6, 14, 22, 25, 30, 32	3, 9, 10, 12, 27, 34

For More Information

- Horvath, A. O., & Greenberg, L. S. (1989). Development and validation of the Working Alliance Inventory. *Journal of Counseling Psychology*, 36(2), 223.

<https://wai.proffhorvath.com/>

